



# Behavioral Health Services Member Handbook and Provider Directory

Revised February 2013  
Revisado en Febrero 2013

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## Introduction

While you have Medicaid and live in Salt Lake County, you are part of the Prepaid Mental Health Plan. As long as you live in Salt Lake County and your Medicaid card says OPTUM-MENTALHEALTH, you must get your mental health care through Optum. Starting July 1, 2012 Optum is also your substance abuse provider.

This handbook explains the Medicaid mental health and substance abuse services that Optum covers. You can get this handbook and other written information in Spanish. You can also get this booklet on compact disk (CD) in either English or Spanish. For help, call **1-877-370-8953**.

Si usted vive en el condado de Salt Lake y tiene la tarjeta de Medicaid, su tarjeta de Medicaid dice OPTUM-MENTALHEALTH. Esto significa que Optum es su proveedor de salud mental. Comenzando el 1 de julio de 2012 Optum también será su proveedor de servicios para abuso de sustancia.

Este manual explicará los servicios de Medicaid para la salud mental y abuso de sustancia que cubre Optum. Usted puede obtener esta guía y otra información en español. También puede obtener este folleto en disco compacto (CD) en inglés o español. Para obtener ayuda, llame a **1-877-370-8953**.

Optum provides mental health and substance abuse services for all Medicaid clients living in Salt Lake County. If you need mental health or substance abuse services, you can get them from Optum providers. (See Getting Mental Health and Substance Abuse Services, page 7). You can also see our Provider Directory at the back of this handbook.

## Services Available

### **What mental health and substance abuse services are covered?**

Inpatient hospital care for mental health problems and outpatient services for mental health and substance abuse problems are covered. Outpatient substance abuse services include residential, day treatment, intensive outpatient, and standard outpatient services.

### **Outpatient mental health and substance abuse services include:**

- evaluations
- psychological testing
- individual and group therapy
- family therapy
- individual and group therapeutic behavioral services
- medication management
- individual skills training and development
- psychosocial rehabilitation services (day treatment)
- targeted case management services; and
- peer support services

Your provider will offer you services after they meet with you to talk about what you need.

Services are provided by licensed mental health and substance abuse professionals, including doctors, nurses, psychologists, licensed clinical social workers, substance abuse counselors, other professional counselors, targeted case managers, etc.

If you want more information on any of these services, call Optum at **1-877-370-8953**.

### **Are any other services covered?**

Yes, other covered services are:

- electroconvulsive therapy (ECT)\*
- interpreter services

Also, if you have Traditional Medicaid, there are some other services that can be covered based on your needs. These services are:

- respite care\*
- psycho-educational services\*
- personal services\*
- supportive living\*

\*These services are not covered if you are getting services for substance abuse problems only.

If you have questions, your provider will talk with you about these services.

### **Are there any limits on my mental health or substance abuse services?**

If you have Non-Traditional Medicaid, there are some limits on services:

- You are limited to 30 days of mental health care in a hospital and 30 days of outpatient mental health services each year. Sometimes you may be able to get more mental health outpatient services. Talk with your provider about this.
- Outpatient services for substance problems are not limited to a certain number of service days. You will be given services based on your needs.
- Targeted case management services are not covered if you are getting services for substance abuse problems only.

## Services Not Covered by Optum

### **What services might be covered by Medicaid but not by Optum?**

Some of the services that might be covered by Medicaid or your physical health plan but not by Optum are medical care, including medical detoxification in hospital for a substance abuse problem, dental care, vision care, and pharmacy. If you have questions about these services or any other services that might be covered by Medicaid, call your physical health plan or Medicaid at **1-800-662-9651**.

Also, methadone maintenance services for substance abuse problems are not covered by Optum. If you need this service, you can get it from a Medicaid methadone maintenance service provider. If you have questions, call Medicaid at **1-800-662-9651**.

## Transportation

### **How can I get help with transportation to my mental health services?**

- If you have Non-Traditional Medicaid, transportation to your mental health or substance abuse appointments is not covered.
- If you have Traditional Medicaid, transportation to your mental health appointments might be available.

### **Public Transportation for Traditional Medicaid Clients**

If you do not have your own transportation to your mental health appointments, you can ask for a Utah Transit Authority (UTA) bus pass by calling the Department of Workforce Services at **1-801-526-0950** or **1-866-435-7414**.

### **Other Special Transportation for Traditional Medicaid Clients**

If UTA is not in your area or if you cannot use public transportation for some reason, call Optum at **1-877-370-8953**.

### **How can I get help with transportation to my substance abuse services?**

- If you have Non-Traditional Medicaid, transportation to your substance abuse appointments is not covered.
- If you have Traditional Medicaid, transportation to substance abuse services is not covered by Optum. Transportation to substance abuse services might be covered under Medicaid's transportation program. See your Medicaid Member Guide given to you when you got on Medicaid. It has complete information about transportation covered by Medicaid.

## Interpreter Services

### **What if I need an interpreter?**

We know that it can be hard to talk with your provider if your first language is not English or you are hard of hearing. We might have providers who speak or sign your language. You can ask to get services from them, or you can ask for an interpreter. Interpreters are free and available in all languages, including sign language. An interpreter can help you over the phone or be with you at your mental health or substance abuse visits. The interpreter will help you understand what your provider tells you.

To ask for an interpreter or a provider who can speak or sign your language, call Optum at **1-877-370-8953**.

### **What if I want to call Optum and I am deaf, hard of hearing or have a hard time speaking?**

You can call **Relay Utah at 711**. If you have a hard time speaking, you can also call **Speech-to-Speech Relay Utah at 1-888-346-5822** and a trained person will help you. If you speak Spanish and are deaf, hard of hearing or have a hard time speaking, call **Spanish Relay Utah at 1-888-346-3162**.

For more information about Relay Utah, go to their website at [www.connectutah.com](http://www.connectutah.com). If you need a telecommunications device (TTY), call Sprint Relay Customer Service at **1-800-676-3777**, or TTY at **1-800-346-4128**. In some cases, the TTY device may be available at little or no cost to you.

## Servicios de Intérpretes

### **¿Qué sucede si necesito un intérprete?**

Sabemos que es difícil hablar con su proveedor si su primer idioma no es inglés o usted es sordo o mudo. Es posible que tengamos proveedores que hablen su idioma. Puede pedirles servicios a esos proveedores o puede pedir un intérprete. Los intérpretes son gratis y están disponibles en todos los idiomas incluyendo para hablar por señas. Un intérprete también puede ayudarlo por teléfono y estar con usted en sus citas de salud mental o abuso de sustancias. El intérprete puede ayudarlo entender lo que sus proveedor le estar diciendo.

Para pedir por un intérprete o un proveedor que hable su idioma o por señas, favor de llamar Optum al 1-877-370-8953.

### **¿Qué sucede si quiero llamar al Optum y soy sordo, no oigo bien o tengo problemas para hablar?**

Puede llamar a **'Relay Utah' al 711**. Si usted tiene dificultad para hablar, usted también puede llamar a **'Speech-to-Speech Relay Utah' al 1-888-346-5822** para recibir ayuda. Si habla español y es sordo, no oye bien o tiene dificultad para hablar, llame a **'Spanish Relay Utah' al 1-888-346-3162**.

## Getting Mental Health or Substance Abuse Services

### **How do I get mental health or substance abuse services?**

If you or your child needs mental health or substance abuse services, you can look at our Optum Provider Directory at the back of this handbook to find a provider. You can also see this directory at [www.Optumslco.com](http://www.Optumslco.com). In the Provider Directory, you can find providers' addresses, phone numbers, services they provide, languages they speak, and information about whether or not they are taking new clients. If you have questions about providers, you can also call Optum at **1-877-370-8953**.

After you choose a provider, call the provider to schedule your first appointment. Some services are provided in the evening. If you need help finding a provider who can see you in the evening, call Optum at **1-877-370-8953**. We will help you find someone who can work with your schedule.

Valley Mental Health is our biggest provider of outpatient mental health services. If you want to get services from Valley Mental Health, call **1-888-949-4864**.

### **How quickly can I be seen?**

If you need emergency care you will be seen right away. (See Emergency Services, on page 8.) The provider you choose will give you urgent care for conditions that need to be taken care of right away, but that are not emergencies. If you need urgent care, the provider will see you within 5 working days. If you do not have an urgent need for care, the provider will see you within 15 working days. If your condition changes and you think you need to be seen sooner, call the provider. If the provider cannot see you sooner, call Optum at **1-877-370-8953**. We will talk about your needs again.

### **Do I have to get approval before I get mental health or substance abuse services?**

Optum does not need to pre-approve most mental health or substance abuse services. If Optum needs to approve the service your provider want to give you, your provider will let you know.

If we need to approve the service before you can get the service, we can usually decide within 14 calendar days after your provider asks for approval. Sometimes, we might need more time to make a decision. We will let you know about this in writing. If we need to take more time, you can file a grievance if you are unhappy about this. If you or your provider wants us to take more time making the decision, let us know.

If you, or your provider, think it is important to make a decision quickly and we agree, we will try and make a decision in 3 working days. We will give you our decision in writing and also let the provider know what our decision is.

### **Can I get mental health or substance abuse services from a provider who is not in the Optum Provider Directory?**

In some situations, you can go to a provider outside Optum. You and the provider must get approval before you get services from someone who is not in the Provider Directory. For more information, call Optum at **1-877-370-8953**. You may have to pay for care that we have not approved.

We will make a decision within 14 calendar days. We will give you our decision in writing and also let the provider know what our decision is.

### **Can I get a second opinion?**

Yes. You can get a second opinion about your mental health or substance abuse problem or services. There is no cost to you for a second opinion. If you would like a second opinion, call Optum at **1-877-370-8953** and ask for a Care Advocate.

# Emergency Services

## **What is an emergency?**

- When you think your life is in danger
- When you believe you might harm yourself or others
- When your safety or others' safety is at risk

## **What are emergency services?**

These are mental health or substance abuse services given to treat your emergency.

## **How do I get emergency services?**

Optum has 24-hour emergency services seven days a week. You can call any time to talk with a crisis worker.

To get emergency care day or night, call our crisis line at **1-801-587-3000**. We will help you with your emergency, and send you to a treatment location, if needed.

If you are already getting services from an Optum provider, you can call your provider weekdays. If your provider is not available, call our crisis line at **1-801-587-3000**.

Also, day or night, you can go to any hospital emergency room for emergency care.

## **Will I have to pay for emergency services?**

- If you have Traditional Medicaid, you will not have to pay for emergency services.
- If you have Non-Traditional Medicaid, you might have to pay for an emergency service if you have already used all the mental health services allowed during the year.

## **Do I have to pay for an ambulance to get to emergency care in a hospital?**

No. You will not have to pay for the ambulance.



## Mental Health Care in a Hospital

### How do I get mental health care in a hospital?

Mental health care in a hospital is usually called post-stabilization care services.

### Optum uses these hospitals in Salt Lake County:

- **University of Utah Neuropsychiatric Institute (UNI)**  
501 Chipeta Way, Salt Lake City
- **Pioneer Valley Hospital, on the Campus of Jordan Valley Medical Center**  
3460 Pioneer Parkway, West Valley City
- **Highland Ridge Hospital**  
7309 South 180 West, Midvale

If you think you need hospital care, call Optum at **1-877-370-8953** or go to the nearest hospital.

If a different hospital from those listed above treats your emergency and wants to admit you to the hospital, the hospital must call Optum for approval. It's important to let the hospital know Optum is your Medicaid mental health provider so they can call us if they want to admit you. Hospitals can call us at **1-877-370-8953** to talk with us about your need for inpatient mental health care. We might have you stay at that hospital or we might transfer you to one of our hospitals.

## Payment for Services

### Will I ever have to pay for mental health or substance abuse services?

You might have to pay for non-emergency mental health or substance abuse services if:

- You get a mental health or substance abuse service that is not covered by Optum or by Medicaid.
- You get a mental health or substance abuse service Optum has not approved. You should only have to pay for the service if you signed in writing that you would pay for the service before you got the service.
- You have a non-emergency hospital stay (you might have to pay the fee Medicaid requires).
- You ask for and keep getting services during an appeal or a Medicaid Fair Hearing about Optum's decision to reduce or stop a service. You would only have to pay for those services if the appeal or Medicaid Fair Hearing decision is not in your favor.
- You are not on Medicaid when you get the service.

If you have Non Traditional Medicaid, you might have to pay for mental health services if you get more mental health services than the Non-Traditional Plan covers. This includes emergency mental health services you get from outpatient providers.

## Client Rights and Responsibilities

### What are my rights as a client?

As a client, you have the right to:

- receive mental health and substance abuse services regardless of your age, race, color, national origin, ancestry, creed or religion, disability, sex, political affiliation, or any other designation stipulated by applicable state and national law. If you feel you have been treated unfairly or discriminated against for any reason, please call any of the numbers listed below:

Optum Non-Discrimination Coordinator at **1-877-370-8953**

Medicaid Constituent Services at **1-877-291-5583**

Federal Office for Civil Rights at **1-303-844-2024**, or email at **OCRMail@hhs.gov**, or you can go to their website at: **www.hhs.gov/ocr**.

- get information on the Prepaid Mental Health Plan that is easily understood, in common languages and in other formats;
- be treated with respect and dignity;
- have your privacy protected;
- get information on other types of treatment in a way you can understand;
- take part in treatment decisions regarding your mental health or substance abuse services, including the right to refuse treatment;
- get a second opinion at no cost to you;
- be free from restraint or seclusion if it is used to force, discipline, to retaliate, or for convenience;
- get a copy of your medical records and to ask that it be amended or corrected, when allowed by federal law; and
- get mental health or substance abuse covered services in the amount you need and when you need them.

### What are my responsibilities as a client?

- Keep your appointments and be on time;
- If you need to cancel an appointment, call the provider 24 hours in advance;
- Be involved in your treatment plan and care;
- Tell Optum and your Medicaid eligibility worker of changes in your address, phone number, or insurance;
- Complete any surveys that Optum providers give you;
- Respect the property, comfort, and confidentiality of clients and staff; and,
- Notify your treatment provider when you want to stop getting services.

## Fraud, Waste, and Abuse

### Fraud

- Fraud includes using someone else's medical benefits for your health care services, using someone else's social security number to qualify for government assistance or providers billing for services that did not occur.

### Waste

- Waste is the planned use, throwing away, or spending of health care or government resources in an unwise and wrong manner.

### Abuse

- Abuse is the planned misuse of health care or government resources. Examples of abuse include:
- Requesting and getting medications you do not need to use
- Doctors billing for services that did not occur

### How do I report fraud, waste or abuse?

If you think someone is using your information or committing fraud, waste or abuse, please call any **one** of the following:

- Optum at **1-877-370-8953**
- The Office of Inspector General of Medicaid Services toll-free at **1-855-403-7283** or by email at: **mpi@utah.gov** or at their website at: **www.oig.utah.gov**
- Dept. of Workforce Services Payment Error Prevention Unit at **1-800-955-2210** or by email at **wsinv@utah.gov**

### Why should I care about fraud, waste and abuse?

- Health care fraud, waste and abuse are serious issues. Health care benefits or services received through fraud affect the cost of your health care services. The cost of health care impacts the benefits available to you.

## Actions

### What are actions?

Actions are when Optum:

- denies (turns down) or approves fewer services than you wanted;
- denies payment for a service that you might have to pay for;
- does not offer your first appointment within the required amount of time for emergency, urgent, or non-urgent care and you are not happy with this. (See Getting Mental Health and Substance Abuse Services, page 7);
- does not settle an appeal or grievance you have with us as soon as we are supposed to;
- does not make a decision about getting services you have asked for in the amount of time Medicaid wants us to; or
- your provider reduces or stops a service previously approved. If you agree with the change, it is not an action. It is only an action if you tell us you don't want the change.

### How will I know if the Optum is taking an action?

We will send you a letter called a Notice of Action. You will have the right to appeal if you disagree with our action.

## Appeals

### What is an appeal?

An appeal is when you ask Salt Lake County Division of Behavioral Health Services (DBHS) to review the action Optum took to see if we made the best decision.

### Who can file an appeal?

You, your legally authorized representative, or your provider, can file the appeal. If your provider files the appeal, you must give your written consent.

### When do I have to file an appeal?

Your Notice of Action letter will give complete information on the appeal process, including how soon you must tell us you want to appeal the action. In most situations, you must tell us you want to file an appeal within 30 days from the date on the Notice of Action letter.

### How do I file an appeal?

The Notice of Action letter will tell you how to file an appeal. If you need help filing your appeal, call Optum at **1-877-370-8953**.

### Can I keep getting services if I file an appeal?

If our action was to reduce or stop services we had previously approved you need to tell us if you want to keep getting those services. If you file your appeal in the time frame required and you ask to keep getting the services, we will keep giving you these services. You might have to pay for the services if the appeal decision is not in your favor. If you are appealing any other kind of action and have questions about services during your appeal, call Optum at **1-877-370-8953**.

**When will Salt Lake County Division of Behavioral Health Services tell me the decision on my appeal?**

Usually, they will give you a written decision within 15 calendar days after they get your appeal. Sometimes, they might need more time to make the decision. If they need more time, they will let you know in writing. Also, you might want them to take more time for some reason. If so, let them know. When you, your provider, or they think it's important to make a decision on your appeal quickly, they will usually make a decision within three working days.

## Medicaid Fair Hearings

**What can I do if I am unhappy with the appeal decision?**

If you are unhappy with DBHS' decision on your appeal, or DBHS cannot make a decision on your appeal as soon as Medicaid wants them to, this is what you can do:

You, your legally authorized representative, or your provider can ask for a Fair Hearing with Medicaid. In the appeal decision letter, DBHS we will tell you that you can ask for a Medicaid Fair Hearing. The letter will tell you how and when to ask for the Medicaid Fair Hearing. DBHS will also give you the Medicaid Fair Hearing request form to send to Medicaid. You must ask for a Medicaid Fair Hearing in writing using the form they give you.

If you have questions or need helping filling out the form, call Optum at **1-877-370-8953**. If you want, you can bring an attorney with you to the Medicaid Fair Hearing.

**Can I continue my services if I ask for a Medicaid Fair Hearing?**

If the Medicaid Fair Hearing is about our decision to reduce or stop services we have previously approved, you need to check the box on the Medicaid Fair Hearing form asking that the services continue. If you ask for a Medicaid Fair Hearing in the required time frame and ask that Optum keep giving you the services, we will continue to give you services. You might have to pay for these services if the Fair Hearing decision is not in your favor. If the Fair Hearing is about any other kind of action, you can discuss your services during the Fair Hearing.

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## Complaints/Grievances

### What if I have a complaint about Optum or my provider?

If you have a complaint about anything other than an action, this is called a grievance. Examples of grievances are complaints about the quality of care, services given to you, rudeness of a provider, or a provider not respecting your rights.

### Who can file a grievance?

You, your legally authorized representative or your provider can file a grievance.

### How do I file a grievance?

- Tell your complaint to your provider or a staff member you feel comfortable with.
- Call the Optum grievance coordinator weekdays from 8:00 am to 5:00 pm at **1-877-370-8953**.
- Give your complaint in writing to your provider or other staff.
- Mail or fax your written complaint to Optum at:

Mail: **Optum, 2525 Lake Park Blvd., West Valley City, UT 84120**

Fax: **1-801-982-3159**

If you don't want to talk to us about your grievance, you can call Medicaid on weekdays at **1-877-291-5583**.

### What if I have questions or need help filing my grievance?

- Call Optum at **1-877-370-8953**, weekdays between 8 a.m. and 5 p.m.

### When will I get a decision on my grievance?

You will get a decision within 45 calendar days after you file your grievance. Sometimes more time might be needed to make a decision. If more time is needed, your provider or Optum will let you know about this in writing. Once a decision is made, your provider or Optum will either talk to you about the decision on your grievance, or send you a letter.

## Advance Health Care Directives

### What if I am ill and can't make health care decisions?

You can give other people instructions about your decisions for your health care. This is called an "Advance Health Care Directive." This will tell us in writing what health care choices you want made if you get very sick and can't decide for yourself.

Once you have filled out the Advance Health Care Directive form, be sure to give a copy to all of your health care providers. You should also keep a copy and give one to your family members. If you would like the form or need more information please call us at **1-877-370-8953**, or talk to your provider or case manager.

If you have an Advance Directive and there is a problem with it being followed, call the Utah survey and certification agency at **1-801-538-6158** or **1-800-662-4157**.

## Privacy

### **Who can read or get copies of my medical record?**

Optum and all of its providers follow federal laws about privacy of your mental health and substance abuse record. Optum does not use or share your protected health information except as federal law allows. When allowed by federal law, only the minimum necessary information is shared. Your provider will talk with you about privacy when you first get services. If you have any questions about privacy call us at **1-877-370-8953**.

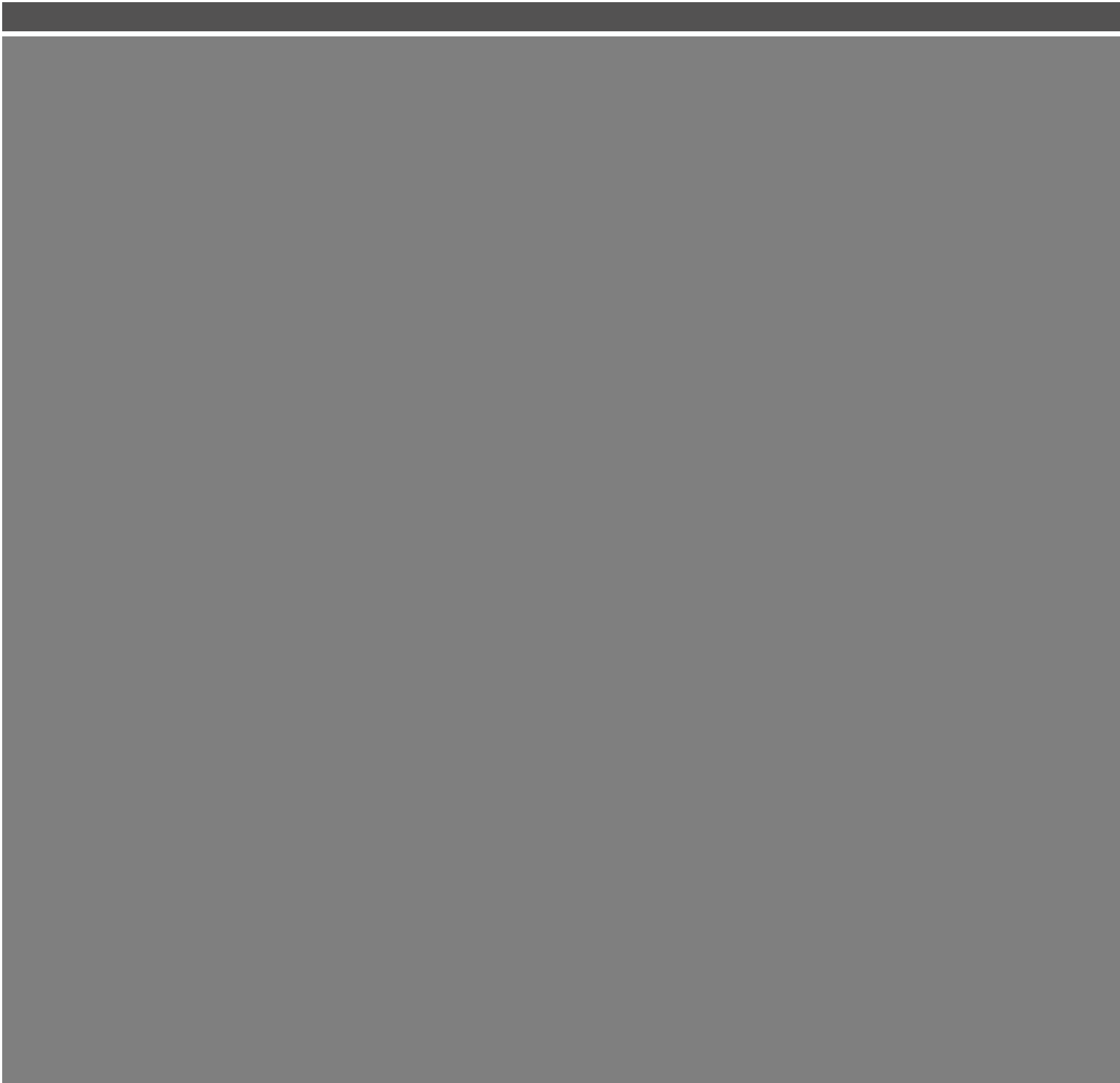
## Optum Operations

### **What if I want to know more about how Optum is set up and works?**

We will answer any questions you have about how we are set up, including questions about our grievance system, billing practices, confidentiality policy, and how we choose providers and what is required of them. If you ask, we will give you a copy of our Preferred Practice Guidelines for mental health and substance abuse services. Call us at **1-877-370-8953** if you have any questions.

# Behavioral Health Directory

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Davis County

Bountiful

<p><b>Acord Therapy</b> Clinician (801) 918-9058</p>	<p>Gabrielle Acord <i>Licensed Clinical Social Worker</i> Age Group: Adolescents, Adult, Child Language(s): German, English</p>	<p>505 S Main St Ste 209 Bountiful, UT 84010-6398</p>
<p><b>Ryan Leybas</b> Clinician (801) 277-2129</p>	<p>Ryan Leybas <i>Licensed Clinical Social Worker</i> Age Group: Adolescents, Adult Language(s): Spanish, English</p>	<p>188 N 100 W Ste B Bountiful, UT 84010-6112</p>

Salt Lake County

Draper

<p><b>Solutions Counseling and Consulting PLLC</b> Clinician (801) 671-1020</p>	<p>Mary Jarman <i>Licensed Clinical Social Worker</i> Age Group: Adult Language(s): English</p>	<p>11487 S 700 E Draper, UT 84020-9067</p>
<p><b>Synergism Counseling LLC</b> Clinician (801) 350-1671</p>	<p>Michelle Greene <i>Licensed Clinical Social Worker</i> Age Group: Adolescents, Child Language(s): English</p>	<p>11487 S 700 E Draper, UT 84020-9067</p>
<p><b>Joe Timmins</b> Clinician (801) 572-3750</p>	<p>Joseph Timmins <i>Licensed Clinical Social Worker</i> Age Group: Adolescents, Adult, Child Language(s): English</p>	<p>12176 S 1000 E Draper, UT 84020-9716</p>

Holladay		
<b>Carolyn Sanders</b> Clinician (801) 541-9078	Carolyn Sanders <i>Licensed Clinical Social Worker</i> Age Group: Adolescents, Adult Language(s): English	2046 Murray Holladay Rd Ste 103 Holladay, UT 84117-5175
<b>Cory Shipp</b> Clinician (801) 557-2884	Cory Shipp <i>Licensed Clinical Social Worker</i> Age Group: Adolescents, Adult, Child Language(s): English	2040 E Murray Holladay Blvd Suite 222 Holladay, UT 84117-
Kearns		
<b>Aspen Ridge Counseling</b> Group (801) 503-8937	Aspen Ridge Counseling <i>Licensed Professional Counselor, Licensed Clinical Social Worker</i> Age Group: Adolescents, Adult, Child Language(s): English, Spanish	2880 W 4700 S Kearns, UT 84118-2156
<b>The Children Center</b> Group (801) 966-4251	The Children Center <i>Medical Doctor, Licensed Psychologist, Licensed Professional Counselor, Licensed Clinical Social Worker</i> Age Group: Child (agt 0-8) Language(s): English, French, Spanish	5242 S 4820 W Kearns, UT 84118-6422

Magna		
<b>Aspen Ridge Counseling</b> Group (801) 503-8937	Aspen Ridge Counseling <i>Licensed Professional Counselor, Licensed Clinical Social Worker</i>  Age Group: Adolescents, Adult, Child Language(s): English, Spanish	8537 W 2700 S Ste C Magna, UT 84044-1223
<b>England Counseling Services</b> Group (801) 250-2909	England Counseling Services <i>Licensed Clinical Social Worker</i>  Age Group: Adult Language(s): English	3564 S 7200 W Ste C Magna, UT 84044-3507
<b>Shepherds Staff Christian Counseling</b> Group (801) 561-9987	Shepherds Staff Christian Counseling <i>Licensed Psychologist, Licensed Professional Counselor, Licensed Clinical Social Worker, Licensed Marriage &amp; Family Therapist</i>  Age Group: Adolescents, Adult, Child Language(s): English	3665 S 8400 W Magna, UT 84044-4907
Midvale		
<b>Empowerment Counseling Services</b> Clinician (801) 603-2547	Lilly Landikusic <i>Licensed Marriage &amp; Family Therapist</i>  Age Group: Adult Language(s): English	75 Fort Union Blvd # 135 Midvale, UT 84047-1531
<b>Family Support Center</b> Group (801) 255-6881	Family Support Center <i>Licensed Clinical Social Worker</i>  Age Group: Adult Language(s): English	777 W Center St (1720 S) Midvale, UT 84047
<b>PHC of Utah Inc</b> Group (801) 569-2153	PHC of Utah Inc <i>Medical Doctor, Advanced Practice Registered Nurse, Licensed Clinical Social Worker</i>  Age Group: Adolescents, Adult, Child Language(s): English, Spanish, Urdo, Vietnamese	7309 S 180 W Midvale, UT 84047-1020
<b>Rise Behavioral and Health Services</b> Group (801) 676-8990	RISE Behavioral and Mental Health <i>Medical Doctor, Advanced Practice Registered Nurse, Licensed Psychologist, Licensed Clinical Social Worker</i>  Age Group: Adolescents, Adult, Child Language(s): English	7575 S 900 E Midvale, UT 84047-2343
<b>Silverado Counseling Services</b> Group (801) 983-5540	Silverado Counseling Services <i>Licensed Professional Counselor, Licensed Clinical Social Worker, Licensed Marriage &amp; Family Therapist</i>  Age Group: Adolescents, Adult, Child Language(s): English, Spanish	948 E. North Union Ave #C-102 Midvale, UT 84047

Optum Salt Lake County Member Handbook and Provider Directory

<p><b>Youth Empowerment Project</b> Clinician (801) 604-1134</p>	<p>Lilly Landikusic <i>Licensed Professional Counselor, Licensed Marriage &amp; Family Therapist</i></p> <p>Age Group: Adolescents, Adult, Child Language(s): English</p>	<p>75 E Fort Union Blvd Ste 135 Midvale, UT 84047-1531</p>
<p><b>Murray</b></p>		
<p><b>Clearwater Counseling</b> Clinician (801) 631-0112</p>	<p>Alesia Black <i>Advanced Practice Registered Nurse</i></p> <p>Age Group: Adult Language(s): English</p>	<p>684 E Vine St Ste 4A Murray, UT 84107-5540</p>
<p><b>Family Counseling Center</b> Group (801) 261-3500</p>	<p>Family Counseling Center <i>Advanced Practice Registered Nurse, Licensed Professional Counselor, Licensed Clinical Social Worker, Licensed Marriage &amp; Family Therapist</i></p> <p>Age Group: Adolescents, Adult Language(s): English, Italian</p>	<p>5250 Commerce Dr Ste 250 Murray, UT 84107-5389</p>
<p><b>Holistic Balance LLC</b> Group (801) 266-2418</p>	<p>Holistic Balance LLC <i>Licensed Professional Counselor</i></p> <p>Age Group: Adolescents, Adult, Child Language(s): Sign Language, English</p>	<p>865 E 4800 S Ste 222 Murray, UT 84107-5538</p>
<p><b>Mary Lehto</b> Clinician (801) 647-0752</p>	<p>Mary Lehto <i>Licensed Clinical Social Worker</i></p> <p>Age Group: Adolescents, Child Language(s): English</p>	<p>684 E Vine St Ste 4A Murray, UT 84107-5540</p>
<p><b>Theresa McCormick</b> Clinician (801) 867-0779</p>	<p>Theresa McCormick <i>Advanced Practice Registered Nurse</i></p> <p>Age Group: Adult Language(s): English</p>	<p>345 E 4500 S Ste 120 Murray, UT 84107-3991</p>

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<p><b>Theresa McCormick</b> Clinician (801) 867-0779</p>	<p>Theresa McCormick <i>Advanced Practice Registered Nurse</i> Age Group: Adult Language(s): English</p>	<p>507 Anderson Ave Murray, UT 84123-5722</p>
<p><b>Sun Dance Behavioral Resources LLC</b> Group (801) 264-9522</p>	<p>Sun Dance Behavioral Resources LLC <i>Medical Doctor, Licensed Psychologist, Licensed Professional Counselor, Licensed Clinical Social Worker</i> Age Group: Adolescents, Adult Language(s): English</p>	<p>845 E 4800 S Ste 200 Murray, UT 84107-5041</p>
<p><b>Tradewinds Counseling</b> Clinician (801) 380-3846</p>	<p>Kristin McDonald <i>Licensed Professional Counselor</i> Age Group: Adolescents, Child Language(s): English</p>	<p>684 E Vine St Ste 4A Murray, UT 84107-5540</p>
<p><b>Valley Mental Health Inc</b> Facility 1-888-949-4VMH (4864)</p>	<p><i>Adult and Youth Outpatient, Day Treatment, Residential Treatment, Senior Services</i> Age Group: Adolescents, Adult, Child Language(s): English, Spanish</p>	<p>5965 S 900 E Murray, UT 84121-1720</p>
<p><b>Riverton</b></p>		
<p><b>Chrysalis Counseling Center</b> Clinician (801) 808-9311</p>	<p>Kirk Read <i>Licensed Clinical Social Worker</i> Age Group: Adolescents, Child Language(s): English</p>	<p>1516 Riverton Ranch Rd Riverton, UT 84065-6174</p>

Salt Lake City		
<b>James Nathan Acree</b> Clinician (801) 635-4141	James Nathan Acree <i>Licensed Clinical Social Worker</i>  Age Group: Adult Language(s): English	3900 S 715 E Ste 201A Salt Lake City, UT 84107-
<b>Apex Behavioral Consulting</b> Clinician (801) 699-0996	Jennifer Moorhead <i>Licensed Professional Counselor</i>  Age Group: Adolescents, Adult, Child Language(s): English	28 E 2100 S Ste 116 Salt Lake City, UT 84115-2356
<b>Asian Association of Utah</b> Group (801) 467-6060	Asian Association of Utah <i>Licensed Clinical Social Worker</i>  Age Group: Adult Language(s): English, Spanish, Chinese	155 S 300 W Salt Lake City, UT 84101-1217
<b>Aspen Ridge Counseling</b> Group (801) 503-8937	Aspen Ridge Counseling <i>Licensed Clinical Social Worker</i>  Age Group: Adolescents, Adult, Child Language(s): English	4700 S 2880 W Salt Lake City, UT 84118-
<b>Associated Clinical and Counseling</b> Group (801) 281-4084	Associated Clinical and Counseling <i>Licensed Professional Counselor</i>  Age Group: Adult Language(s): English	3996 S 855 E # B Salt Lake City, UT 84107-2367
<b>Associated Clinical and Counseling</b> Group (801) 281-4084	Associated Clinical and Counseling <i>Licensed Psychologist, Licensed Professional Counselor, Licensed Clinical Social Worker</i>  Age Group: Adult Language(s): English	5691 S Redwood Rd Unit 15 Salt Lake City, UT 84123-5485
<b>A Lee Beckstead</b> Clinician (801) 581-0422	A Lee Beckstead <i>Licensed Psychologist</i>  Age Group: Adult Language(s): English	1433 S 1100 E Salt Lake City, UT 84105-2434
<b>Sheila Bittle</b> Clinician (801) 532-7414	Sheila Bittle <i>Advanced Practice Registered Nurse, Licensed Marriage &amp; Family Therapist</i>  Age Group: Adolescents, Adult Language(s): English	1060 E 100 S Ste 105 Salt Lake City, UT 84102-4304
<b>Paula Braun</b> Clinician (801) 903-7543	Paula Braun <i>Advanced Practice Registered Nurse</i>  Age Group: Adult Language(s): English	2319 Foothill Dr Ste 240 Salt Lake City, UT 84109-1488

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<p><b>Sally Burgin</b> Clinician (801) 537-5008</p>	<p>Sally Burgin <i>Licensed Clinical Social Worker</i> Age Group: Adolescents, Child Language(s): English</p>	<p>508 E South Temple Ste A30 Salt Lake City, UT 84102-1013</p>
<p><b>CBTS</b> Clinician (801) 268-4044</p>	<p>Kimberly Sorensen <i>Licensed Clinical Social Worker</i> Age Group: Adolescents Language(s): English</p>	<p>220 E 3900 S Ste 16 Salt Lake City, UT 84107-1571</p>
<p><b>Frank Clayton</b> Clinician (801) 244-9049</p>	<p>Frank Clayton <i>Licensed Professional Counselor</i> Age Group: Adolescents, Adult Language(s): English</p>	<p>220 E 3900 S Ste 7 Salt Lake City, UT 84107-1575</p>
<p><b>Centered Counseling</b> Clinician (801) 450-7658</p>	<p>Phuong Le <i>Licensed Clinical Social Worker</i> Age Group: Adolescents, Adult, Child Language(s): English</p>	<p>4055 S 700 E Ste 102 Salt Lake City, UT 84107-2509</p>
<p><b>The Children Center</b> Group (801) 582-5534</p>	<p>The Children Center <i>Medical Doctor, Licensed Psychologist, Licensed Professional Counselor, Licensed Clinical Social Worker</i> Age Group: Child (agt 0-8) Language(s): English, French, Spanish</p>	<p>350 S 400 E Salt Lake City, UT 84111-2908</p>
<p><b>CLD3 Counseling</b> Group (801) 521-4227</p>	<p>CLD3 Counseling <i>Advanced Practice Registered Nurse, Licensed Professional Counselor</i> Age Group: Adolescents, Adult, Child Language(s): English, French</p>	<p>352 Denver St # 215 Salt Lake City, UT 84111-3000</p>
<p><b>Community Health Center</b> Clinician (801) 328-5750</p>	<p>Gabriela Cetrola <i>Licensed Clinical Social Worker</i> Age Group: Adult Language(s): Spanish, English</p>	<p>1365 W 1000 N Salt Lake City, UT 84116-1654</p>
<p><b>Creative Life Counseling</b> Clinician (801) 657-0897</p>	<p>Ashley Sutherland <i>Licensed Clinical Social Worker</i> Age Group: Adolescents, Child Language(s): English</p>	<p>925 E 900 S Ste 42 Salt Lake City, UT 84105-1401</p>
<p><b>Jann DeWitt</b> Clinician (801) 510-4547</p>	<p>Mary Dewitt <i>Licensed Psychologist</i> Age Group: Adult Language(s): English</p>	<p>1104 Ashton Ave Ste 108 Salt Lake City, UT 84106-2348</p>

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<p><b>Enhanced Living Counseling</b> Clinician (801) 608-0061</p>	<p>Veronica Barry <i>Licensed Clinical Social Worker</i>  Age Group: Adolescents, Adult, Child Language(s): English</p>	<p>3098 Highland Dr Ste 202 Salt Lake City, UT 84106-3085</p>
<p><b>David Ericksen</b> Clinician (801) 694-0287</p>	<p>David Ericksen <i>Licensed Psychologist</i>  Age Group: Adolescents, Adult, Child Language(s): English</p>	<p>1414 E 4500 S Ste 4 Salt Lake City, UT 84117-4246</p>
<p><b>Manuel Evangelista</b> Clinician (801) 949-4230</p>	<p>Manuel Evangelista <i>Licensed Clinical Social Worker</i>  Age Group: Adolescents, Adult, Child Language(s): English</p>	<p>865 E 4800 S Ste 160 Salt Lake City, UT 84107-5507</p>
<p><b>Family Support Center</b> Group (801) 487-7778</p>	<p>Family Support Center <i>Licensed Clinical Social Worker</i>  Age Group: Adult Language(s): English</p>	<p>2020 Lake St Salt Lake City, UT 84105-3119</p>
<p><b>Nancy Foster</b> Clinician (801) 923-8528</p>	<p>Nancy Foster <i>Advanced Practice Registered Nurse</i>  Age Group: Adolescents, Adult Language(s): English</p>	<p>1174 East Graystone Way Ste 6 Salt Lake City, UT 84106-</p>
<p><b>Stacey Francone</b> Clinician (801) 209-8690</p>	<p>Stacey Francone <i>Licensed Clinical Social Worker</i>  Age Group: Adult Language(s): Sign Language, English</p>	<p>262 E 3900 S Ste 125 Salt Lake City, UT 84107-1500</p>



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<p><b>Ralph Gant</b> Clinician (801) 262-3700</p>	<p>Ralph Gant <i>Licensed Psychologist</i> Age Group: Adult Language(s): French, German, English</p>	<p>5525 S 900 E Ste 102 Salt Lake City, UT 84117-3505</p>
<p><b>Gateway Counseling Services</b> Clinician (801) 303-7977</p>	<p>Susan Thorn <i>Licensed Clinical Social Worker</i> Age Group: Adult Language(s): English</p>	<p>465 Lawndale Dr Salt Lake City, UT 84115-2916</p>
<p><b>Marvin Goldstein</b> Clinician (801) 673-2831</p>	<p>Marvin Goldstein <i>Licensed Clinical Social Worker</i> Age Group: Adult Language(s): English</p>	<p>4190 Highland Dr Ste 211 Salt Lake City, UT 84124-2675</p>
<p><b>Mary Hales</b> Clinician (801) 359-6069</p>	<p>Mary Hales <i>Licensed Psychologist</i> Age Group: Adolescents, Adult, Child Language(s): English</p>	<p>370 E South Temple Ste 175 Salt Lake City, UT 84111-1241</p>
<p><b>Ashley Henderson</b> Clinician (801) 971-5187</p>	<p>Ashley Henderson <i>Licensed Clinical Social Worker</i> Age Group: Adolescents, Adult, Child Language(s): English</p>	<p>3970 S 700 E Ste 12 Salt Lake City, UT 84107-2584</p>
<p><b>Kayleen Hill</b> Clinician (801) 944-8787</p>	<p>Kayleen Hill <i>Licensed Clinical Social Worker, Licensed Marriage &amp; Family Therapist</i> Age Group: Adolescents, Adult, Child Language(s): English</p>	<p>4505 Wasatch Blvd Ste 380 Salt Lake City, UT 84124-4733</p>
<p><b>Hopeful Beginnings</b> Clinician (801) 979-1351</p>	<p>Gregory Nickles <i>Licensed Professional Counselor</i> Age Group: Adolescents, Adult, Child Language(s): English</p>	<p>623 E 100 S Salt Lake City, UT 84102-1103</p>
<p><b>Interface Psych Svcs Inc</b> Clinician (801) 274-2590</p>	<p>Thomas Foster <i>Licensed Clinical Social Worker</i> Age Group: Adult Language(s): English</p>	<p>2180 E 4500 S Ste 245 Salt Lake City, UT 84117-4031</p>
<p><b>ISAT Center</b> Group (801) 268-4454</p>	<p>ISAT Center <i>Licensed Professional Counselor, Licensed Clinical Social Worker, Licensed Marriage &amp; Family Therapist</i> Age Group: Adolescents, Adult, Child Language(s): Portuguese, Spanish, English</p>	<p>3809 S West Temple Ste 1B Salt Lake City, UT 84115-4479</p>

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<p><b>Robin Jacobs</b> Clinician (801) 264-6000</p>	<p>Robin Jacobs <i>Advanced Practice Registered Nurse</i>  Age Group: Adult Language(s): English</p>	<p>3802 S 700 E Salt Lake City, UT 84106-1182</p>
<p><b>E Alan Jeppsen</b> Clinician (801) 266-7565</p>	<p>E Alan Jeppsen <i>Medical Doctor</i>  Age Group: Adult Language(s): English</p>	<p>5005 S 900 E Ste 100 Salt Lake City, UT 84117-5789</p>
<p><b>Jewish Family Services</b> Group (801) 746-4334</p>	<p>Jewish Family Services <i>Licensed Clinical Social Worker</i>  Age Group: Adolescents, Adult Language(s): English, Spanish</p>	<p>1111 Brickyard Rd Ste 109 Salt Lake City, UT 84106-2593</p>
<p><b>Kathleen Kaloudis</b> Clinician (801) 201-7050</p>	<p>Kathleen Kaloudis <i>Licensed Professional Counselor</i>  Age Group: Adolescents, Adult, Child Language(s): English</p>	<p>969 Murray Holladay Rd # 3-C Salt Lake Cty, UT 84117-4963</p>
<p><b>Matt Larson</b> Clinician (801) 521-0699</p>	<p>Matt Larson <i>Licensed Clinical Social Worker</i>  Age Group: Adult Language(s): English</p>	<p>24 S 600 E Ste 6 Salt Lake City, UT 84102-4201</p>
<p><b>Matt Larson Psychotherapy and Associates</b> Group (801) 521-0699</p>	<p>Matt Larson Psychotherapy and Associates <i>Licensed Professional Counselor, Licensed Clinical Social Worker</i>  Age Group: Adult Language(s): English</p>	<p>24 S 600 E Ste 6 Salt Lake City, UT 84102-4201</p>
<p><b>Matt Larson Psychotherapy and Associates</b> Group (801) 599-6396</p>	<p>Matt Larson Psychotherapy and Associates <i>Licensed Professional Counselor, Licensed Clinical Social Worker</i>  Age Group: Adult Language(s): English</p>	<p>2880 W 4700 S Ste A Salt Lake City, UT 84118-2160</p>
<p><b>Linda Lasley</b> Clinician (801) 560-5499</p>	<p>Linda Lasley <i>Licensed Clinical Social Worker</i>  Age Group: Adult Language(s): English</p>	<p>262 E 3900 S Ste 230 Salt Lake City, UT 84107-1550</p>
<p><b>Ryan Leybas</b> Clinician (801) 277-2129</p>	<p>Ryan Leybas <i>Licensed Clinical Social Worker</i>  Age Group: Adolescents, Adult Language(s): Spanish, English</p>	<p>1174 E Graystone Way Ste 6 Salt Lake City, UT 84106-</p>

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<p><b>LifeMatters Counseling and Health Center Inc</b> Group (801) 313-0555</p>	<p>LifeMatters Counseling and Health Center <i>Advanced Practice Registered Nurse, Licensed Psychologist, Licensed Clinical Social Worker</i>  Age Group: Adolescents, Adult, Child Language(s): English, Spanish</p>	<p>740 E 3900 S Ste 100 Salt Lake City, UT 84107-2525</p>
<p><b>Holly Lineback</b> Clinician (801) 259-7311</p>	<p>Holly Lineback <i>Licensed Professional Counselor</i>  Age Group: Adult Language(s): English</p>	<p>1555 E Stratford Ave Ste 400 Salt Lake City, UT 84106-3692</p>
<p><b>Barbara Lucker</b> Clinician (801) 274-2590</p>	<p>Barbara Lucker <i>Licensed Clinical Social Worker</i>  Age Group: Adult Language(s): Spanish, English</p>	<p>2180 E 4500 S Ste 245 Salt Lake City, UT 84117-4031</p>
<p><b>Brad Lundahl</b> Clinician (801) 635-4141</p>	<p>Brad Lundahl <i>Licensed Psychologist</i>  Age Group: Adolescents, Child Language(s): Spanish, English</p>	<p>715 E 3900 S Ste 201A Salt Lake City, UT 84107-2557</p>
<p><b>J Richard MacFarlane</b> Clinician (801) 328-8814</p>	<p>J Richard MacFarlane <i>Licensed Clinical Social Worker, Licensed Marriage &amp; Family Therapist</i>  Age Group: Adult Language(s): English</p>	<p>2180 E 4500 S Ste 245 Salt Lake City, UT 84117-4031</p>
<p><b>Bill Matson</b> Clinician (801) 450-8508</p>	<p>Bill Matson <i>Licensed Clinical Social Worker</i>  Age Group: Adult Language(s): English</p>	<p>4055 S 700 E Ste 102 Salt Lake City, UT 84107-2509</p>
<p><b>Jennifer McNaught</b> Clinician (801) 706-9272</p>	<p>Jennifer McNaught <i>Licensed Professional Counselor</i>  Age Group: Adult Language(s): English</p>	<p>860 E 4500 S Ste 302 Salt Lake City, UT 84107-3018</p>
<p><b>MInd Your Nature</b> Clinician (435) 659-4508</p>	<p>Janice Speicher <i>Licensed Professional Counselor</i>  Age Group: Adult Language(s): English</p>	<p>860 E 4500 S Ste 302 Salt Lake City, UT 84107-3018</p>
<p><b>Stefanie Minen</b> Clinician (801) 918-4432</p>	<p>Stefanie Minen <i>Licensed Professional Counselor</i>  Age Group: Adult Language(s): English</p>	<p>124 S 400 E Ste 301 Salt Lake City, UT 84111-5308</p>

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<p><b>Stefanie Minen</b> Clinician (801) 918-4432</p>	<p>Stefanie Minen <i>Licensed Professional Counselor</i>  Age Group: Adult Language(s): English</p>	<p>24 S 600 E Ste 3 Salt Lake City, UT 84102-4201</p>
<p><b>Pamela Mitchell</b> Clinician (801) 688-4515</p>	<p>Pamela Mitchell <i>Licensed Clinical Social Worker</i>  Age Group: Child Language(s): English</p>	<p>3191 Valley St Ste 250 Salt Lake City, UT 84109-4276</p>
<p><b>Stephen Morris</b> Clinician (801) 485-2362</p>	<p>Stephen Morris <i>Licensed Psychologist</i>  Age Group: Adult Language(s): English</p>	<p>3167 Louise Ave Salt Lake City, UT 84109-2224</p>
<p><b>Michelle Murphy</b> Clinician (801) 502-4580</p>	<p>Michelle Murphy <i>Licensed Clinical Social Worker</i>  Age Group: Adolescents, Adult Language(s): English</p>	<p>2180 E 4500 S Ste 245 Salt Lake City, UT 84117-4031</p>
<p><b>Tonya Neff Roberts</b> Clinician (801) 290-4482</p>	<p>Tonya Neff Roberts <i>Licensed Clinical Social Worker</i>  Age Group: Adult Language(s): English</p>	<p>1266 E 4620 S Salt Lake City, UT 84117-4906</p>
<p><b>Chuck Nuttall</b> Clinician (801) 906-8780</p>	<p>Charles Nuttall <i>Licensed Clinical Social Worker</i>  Age Group: Adolescents, Adult Language(s): English</p>	<p>699 E South Temple Ste 145 Salt Lake City, UT 84102-4200</p>
<p><b>Odyssey House</b> Group (801) 322-1185</p>	<p>Odyssey House <i>Advanced Practice Registered Nurse, Licensed Clinical Social Worker</i>  Age Group: Adult Language(s): English</p>	<p>340 E 100 S Ste 301 Salt Lake City, UT 84111-1702</p>
<p><b>Rose Olds</b> Clinician (801) 537-7070</p>	<p>Rose Olds <i>Advanced Practice Registered Nurse</i>  Age Group: Adolescents, Adult, Child Language(s): English</p>	<p>515 S 700 E Ste 3A Salt Lake City, UT 84102-2801</p>
<p><b>Physician Group of Utah, Inc</b> Clinician (801) 350-4111</p>	<p>Joel Dario <i>Advanced Practice Registered Nurse</i>  Age Group: Adult Language(s): English</p>	<p>1050 E South Temple Salt Lake City, UT 84102-1507</p>
<p><b>Pride Counseling</b> Clinician (801) 595-0666</p>	<p>Jerry Buie <i>Licensed Clinical Social Worker</i>  Age Group: Adult Language(s): Sign Language, English</p>	<p>124 S 400 E Ste 230 Salt Lake City, UT 84111-5313</p>

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<p><b>Molly Prince</b> Clinician (801) 562-4484</p>	<p>Molly Prince <i>Licensed Clinical Social Worker</i>  Age Group: Adult Language(s): English</p>	<p>3098 Highland Dr Ste 202 Salt Lake City, UT 84106-3085</p>
<p><b>Cynthia Proctor</b> Clinician (801) 524-8635</p>	<p>Cynthia Proctor <i>Licensed Professional Counselor</i>  Age Group: Adult Language(s): English</p>	<p>423 W 800 S Salt Lake City, UT 84101-2213</p>
<p><b>Rise Behavioral and Health Services</b> Group (801) 483-1600</p>	<p>RISE Behavioral and Mental Health <i>Licensed Clinical Social Worker</i>  Age Group: Adolescents, Adult, Child Language(s): English</p>	<p>1208 E 3300 S Salt Lake City, UT 84106-2522</p>
<p><b>Salt Lake County Corporation</b> Facility (385) 468-4500</p>	<p>Salt Lake County Division of Youth Services  Age Group: Adult, Adolescents, Child Language(s): English</p>	<p>177 Price Ave (Main Campus) Salt Lake City, UT 84115-4345</p>
<p><b>Salt Lake County Corporation</b> Group (385) 468-4500</p>	<p>Salt Lake County Division of Youth Services  Age Group: Adult, Adolescents, Child Language(s): English</p>	<p>177 Price Ave Salt Lake City, UT 84115-4345</p>
<p><b>Karl Seashore</b> Clinician (801) 272-0613</p>	<p>Karl Seashore <i>Licensed Professional Counselor</i>  Age Group: Adult Language(s): English</p>	<p>4190 Highland Dr Ste 211 Salt Lake City, UT 84124-2675</p>
<p><b>Sego Lily Center for the Abused Deaf</b> Clinician (801) 590-4920</p>	<p>Joene Nicolaisen <i>Licensed Professional Counselor</i>  Age Group: Adult Language(s): Sign Language, English</p>	<p>452 E 3900 S Salt Lake City, UT 84107-1806</p>
<p><b>Shepherds Staff Christian Counseling</b> Group (801) 561-9987</p>	<p>Shepherds Staff Christian Counseling <i>Licensed Psychologist, Licensed Professional Counselor, Licensed Clinical Social Worker, Licensed Marriage &amp; Family Therapist</i>  Age Group: Adolescents, Adult, Child Language(s): English</p>	<p>193 W 2100 S Salt Lake City, UT 84115-1828</p>
<p><b>The Shrinkster, LLC</b> Clinician (801) 685-9600</p>	<p>Roderick Johnson <i>Licensed Clinical Social Worker</i>  Age Group: Adolescents, Adult, Child Language(s): English</p>	<p>860 E 4500 S Ste 302 Salt Lake City, UT 84107-3018</p>
<p><b>Silverado Counseling Services</b> Group (801) 983-5540</p>	<p>Silverado Counseling Services <i>Licensed Professional Counselor, Licensed Clinical Social Worker, Licensed Marriage &amp; Family Therapist</i>  Age Group: Adolescents, Adult, Child Language(s): English, Spanish</p>	<p>2900 S State St Ste 101 Salt Lake City, UT 84115-3891</p>

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<p><b>Jean Soderquist</b> Clinician (801) 964-2465</p>	<p>Jean Soderquist <i>Licensed Marriage &amp; Family Therapist</i>  Age Group: Adolescents, Child Language(s): English</p>	<p>2880 W 4700 S Ste A Salt Lake City, UT 84118-2160</p>
<p><b>Cindy Squire</b> Clinician (801) 897-3647</p>	<p>Cindy Squire <i>Advanced Practice Registered Nurse</i>  Age Group: Adolescents, Adult, Child Language(s): English</p>	<p>1060 E 100 S Ste 105 Salt Lake City, UT 84102-4304</p>
<p><b>Robert Thomas</b> Clinician (801) 867-8550</p>	<p>Robert Thomas <i>Licensed Psychologist</i>  Age Group: Adolescents, Child Language(s): English</p>	<p>675 E 2100 S Ste 250 Salt Lake City, UT 84106-5318</p>
<p><b>Trauma Awareness &amp; Treatment Center</b> Group (801) 263-6367</p>	<p>Trauma Awareness &amp; Treatment Center <i>Licensed Psychologist, Licensed Professional Counselor, Licensed Clinical Social Worker</i>  Age Group: Adult Language(s): English, Spanish</p>	<p>32 W Winchester St Ste 101 Salt Lake City, UT 84107-5609</p>
<p><b>Utah Youth Village</b> Facility (801) 272-9980</p>	<p>Utah Youth Village <i>Licensed Professional Counselor, Licensed Clinical Social Worker</i>  Age Group: Adolescents, Adult, Child Language(s): English</p>	<p>5800 Highland Dr Salt Lake City, UT 84121-1359</p>
<p><b>Utah Youth Village</b> Group (801) 272-9980</p>	<p>Utah Youth Village <i>Licensed Professional Counselor, Licensed Clinical Social Worker</i>  Age Group: Adolescents, Adult, Child Language(s): English</p>	<p>5800 Highland Dr Salt Lake City, UT 84121-1359</p>
<p><b>Volunteers of America Utah</b> Group (801) 355-2846</p>	<p>Volunteers of America Utah <i>Advanced Practice Registered Nurse, Licensed Psychologist, Licensed Professional Counselor, Licensed Clinical Social Worker, Licensed Marriage &amp; Family Therapist</i>  Age Group: Adult Language(s): English</p>	<p>447 Bearcat Dr Salt Lake City, UT 84115-2519</p>
<p><b>Wasatch Homeless Health Care</b> Clinician (801) 364-0058</p>	<p>Samuel Vincent <i>Advanced Practice Registered Nurse</i>  Age Group: Adult Language(s): English</p>	<p>404 S 400 W Salt Lake City, UT 84101-2201</p>
<p><b>R Duncan Wallace</b> Clinician (801) 486-7940</p>	<p>Robert Wallace <i>Medical Doctor</i>  Age Group: Adolescents, Adult Language(s): English</p>	<p>2972 Devonshire Cir Salt Lake City, UT 84108-2526</p>

Optum Salt Lake County Member Handbook and Provider Directory

<b>Steven Wong</b> Clinician (801) 450-3536	Steven Wong <i>Licensed Clinical Social Worker</i> Age Group: Adolescents, Child Language(s): English	2040 Murray Holladay Rd Ste 222 Salt Lake City, UT 84117-5123
<b>Sandy</b>		
<b>Changes Counseling and Consultation</b> Group (801) 542-7060	Changes Counseling and Consultation <i>Licensed Professional Counselor</i> Age Group: Adult Language(s): English	8221 S 700 E Sandy, UT 84070-0507
<b>Isabelle Halvorson</b> Clinician (801) 671-7612	Isabelle Halvorson <i>Licensed Professional Counselor</i> Age Group: Adult Language(s): English	1765 Cornwall Ct Sandy, UT 84092-5436
<b>Hope Haven Counseling</b> Group (801) 676-8796	Hope Haven Counseling <i>Licensed Clinical Social Worker</i> Age Group: Adolescents, Adult, Child Language(s): English, Spanish	9140 S State St Ste 101 Sandy, UT 84070-2694
<b>Sandy Counseling Centers</b> Group (801) 944-1666	Sandy Counseling Centers <i>Licensed Professional Counselor, Licensed Clinical Social Worker, Licensed Marriage &amp; Family Therapist</i> Age Group: Adult Language(s): English	8184 Highland Dr Ste C8 Sandy, UT 84093-6498
<b>Romeo Kistler</b> Clinician (801) 717-7176	Romeo Kistler <i>Licensed Professional Counselor</i> Age Group: Adolescents, Adult, Child Language(s): English	11075 S State St Ste 28 Sandy, UT 84070-5176
<b>Chandra Roberson</b> Clinician (801) 918-8457	Chandra Roberson <i>Licensed Professional Counselor</i> Age Group: Adult Language(s): English	8188 Highland Dr Ste D4 Sandy, UT 84093-6441
<b>Shepherds Staff Christian Counseling</b> Group (801) 561-9987	Shepherds Staff Christian Counseling <i>Licensed Psychologist, Licensed Professional Counselor, Licensed Clinical Social Worker, Licensed Marriage &amp; Family Therapist</i> Age Group: Adolescents, Adult, Child Language(s): English	731 E 8600 S Sandy, UT 84094-6312
<b>Marilyn Snell</b> Clinician (801) 501-8444	Marilyn Snell <i>Licensed Psychologist</i> Age Group: Adolescents Language(s): English	11075 S State St Ste 28 Sandy, UT 84070-5176

South Jordan		
<p><b>Roselene Dalanhese</b> Clinician (801) 403-7345</p>	<p>Roselene Dalanhese <i>Licensed Clinical Social Worker</i>  Age Group: Adult Language(s): Portuguese, Spanish, English</p>	<p>1206 W South Jordan Pkwy Ste D South Jordan, UT 84095-5519</p>
<p><b>Matt Larson</b> Clinician (801) 599-6396</p>	<p>Matt Larson <i>Licensed Clinical Social Worker</i>  Age Group: Adult Language(s): English</p>	<p>1226 W South Jordan Pkwy Bsmt A South Jordan, UT 84095-5518</p>
<p><b>Matt Larson Psychotherapy and Associates</b> Group (801) 599-6396</p>	<p>Matt Larson Psychotherapy and Associates <i>Licensed Professional Counselor, Licensed Clinical Social Worker</i>  Age Group: Adult Language(s): English</p>	<p>11602 S Redwood Rd Ste 101 South Jordan, UT 84095-8521</p>
<p><b>Matt Larson Psychotherapy and Associates</b> Group (801) 599-6396</p>	<p>Matt Larson Psychotherapy and Associates <i>Licensed Professional Counselor, Licensed Clinical Social Worker</i>  Age Group: Adult Language(s): English</p>	<p>1226 W South Jordan Pkwy Bsmt A South Jordan, UT 84095-5518</p>
<p><b>Stefanie Minen</b> Clinician (801) 918-4432</p>	<p>Stefanie Minen <i>Licensed Professional Counselor</i>  Age Group: Adult Language(s): English</p>	<p>1226 W South Jordan Pkwy Ste A South Jordan, UT 84095-5518</p>



Taylorsville		
<b>Josh Biesinger</b> Clinician (801) 451-7658	Josh Biesinger <i>Licensed Marriage &amp; Family Therapist</i> Age Group: Adolescents, Adult, Child Language(s): English	5667 S Redwood Rd Unit 5 Taylorsville, UT 84123-5495
<b>Center for Family Evaluation and Treatment Group</b> (801) 265-3895	Center for Family Evaluation and Treatment <i>Licensed Psychologist, Licensed Professional Counselor</i> Age Group: Adolescents, Adult Language(s): English	5691 S Redwood Rd Unit 16 Taylorsville, UT 84123-5485
<b>Conce Richmond Counseling Services Group</b> (801) 864-2480	Conce Richmond Counseling Services <i>Licensed Clinical Social Worker</i> Age Group: Adolescents, Adult Language(s): English, Spanish, Portuguese	5675 S Redwood Rd Unit 9 Taylorsville, UT 84123-5498
<b>Crescent Counseling &amp; Consulting</b> Clinician (801) 506-0560	Michelle Wilcox <i>Licensed Clinical Social Worker</i> Age Group: Adolescents, Adult Language(s): English	5689 S Redwood Rd Unit 28 Suite B Taylorsville, UT 84123-5499
<b>Family Support Center</b> Group (801) 955-9110	Family Support Center <i>Licensed Clinical Social Worker</i> Age Group: Adult Language(s): English, Spanish	1760 W 4805 S Taylorsville, UT 84129-1177
<b>Shari Harwood</b> Clinician (801) 859-4274	Shari Harwood <i>Licensed Clinical Social Worker</i> Age Group: Adolescents, Child Language(s): English	5689 S Redwood Rd Unit 28 Taylorsville, UT 84123-5499
<b>Life Choices Counseling</b> Group (801) 755-2122	Life Choices Counseling <i>Licensed Clinical Social Worker</i> Age Group: Adult Language(s): English	5691 S Redwood Rd Unit 16 Taylorsville, UT 84123-5485
<b>Musto Counseling Services</b> Clinician (801) 413-3924	Daniel Musto <i>Licensed Professional Counselor</i> Age Group: Adult Language(s): English	5686 S Redwood Rd Ste 28B Taylorsville, UT 84123-5394
<b>Janet Nimer</b> Clinician (801) 266-4643	Janet Nimer <i>Licensed Clinical Social Worker</i> Age Group: Adolescents, Adult Language(s): English	5689 S Redwood Rd # 28-2 Taylorsville, UT 84123-5447

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<p><b>Julie Stout</b> Clinician (801) 699-4149</p>	<p>Julie Stout <i>Licensed Marriage &amp; Family Therapist</i>  Age Group: Adolescents Language(s): English</p>	<p>5667 S Redwood Rd Unit 5B Taylorsville, UT 84123-5495</p>
<p><b>West Jordan</b></p>		
<p><b>Clinical Consultants</b> Group (801) 233-8670</p>	<p>Clinical Consultants <i>Medical Doctor, Licensed Professional Counselor, Licensed Clinical Social Worker</i>  Age Group: Adolescents, Adult, Child Language(s): English, FARSI</p>	<p>7601 S Redwood Rd Bldg E West Jordan, UT 84084-4007</p>
<p><b>Front Line Services</b> Group (801) 208-1901</p>	<p>Front Line Services, Inc. <i>Medical Doctor, Licensed Professional Counselor, Licensed Clinical Social Worker</i>  Age Group: Adolescents, Adult Language(s): English, Spanish</p>	<p>9287 S Redwood Rd Ste A West Jordan, UT 84088-5587</p>
<p><b>Jordan West Family Counseling</b> Group (801) 566-0749</p>	<p>Jordan West Family Counseling <i>Licensed Psychologist, Licensed Professional Counselor, Licensed Clinical Social Worker, Licensed Marriage &amp; Family Therapist</i>  Age Group: Adolescents, Adult, Child Language(s): English, Sign Language</p>	<p>9263 Redwood Rd Bldg 8 Ste B West Jordan, UT 84088-6571</p>
<p><b>West Valley City</b></p>		
<p><b>Jordan Valley Medical Center LP</b> Facility (801) 964-3559</p>	<p>Pioneer Valley Hosp Campus Jord Vall MC  Age Group: Adult Language(s): English</p>	<p>3460 South Pioneer Pkwy West Valley City, UT 84120-2049</p>

Summit County		
Park City		
<b>Gale and Associates for Assessment and Psychotherapy</b> Clinician (435) 645-9240	Jennifer Gale <i>Licensed Psychologist</i> Age Group: Adolescents, Adult, Child Language(s): English	2760 Rasmussen Rd Ste D205 Park City, UT 84098-5684
<b>MInd Your Nature</b> Clinician (435) 659-4508	Janice Speicher <i>Licensed Professional Counselor</i> Age Group: Adult Language(s): English	1700 Park Ave PO Box 981145 Park City, UT 84060-5160
<b>Pamela Wilkison</b> Clinician (435) 901-4307	Pamela Wilkison <i>Licensed Psychologist</i> Age Group: Adult, Child Language(s): English	2700 Homestead Rd Ste 40 Park City, UT 84098-4858

Tooele County		
Tooele		
<b>Aspen Ridge Counseling Group</b> (801) 414-3252	Age Group: Adult Language(s): English	50 N Main St Tooele, UT 84074-2139
<b>Chris Hakes</b> Clinician (801) 414-3252	Chris Hakes <i>Licensed Clinical Social Worker</i> Age Group: Adolescents, Child Language(s): English	50 N Main St Tooele, UT 84074-2139
<b>Molly Prince</b> Clinician (435) 841-9177	Molly Prince <i>Licensed Clinical Social Worker</i> Age Group: Adult Language(s): English	312 S Main St Tooele, UT 84074-2746
<b>Karl Seashore</b> Clinician (801) 272-0613	Karl Seashore <i>Licensed Professional Counselor</i> Age Group: Adult Language(s): English	50 N Main St Tooele, UT 84074-2139
<b>The Shrinkster, LLC</b> Clinician (801) 685-9600	Roderick Johnson <i>Licensed Clinical Social Worker</i> Age Group: Adolescents, Adult, Child Language(s): English	40 S Main St Tooele, UT 84074-2132

<p><b>Silverado Counseling Services</b> Group (801) 983-5540</p>	<p>Silverado Counseling Services <i>Licensed Clinical Social Worker, Licensed Marriage &amp; Family Therapist</i></p> <p>Age Group: Adult Language(s): English</p>	<p>7 S Main St Ste 311 Tooele, UT 84074-2199</p>
<p><b>Sunset Counseling Services</b> Clinician (435) 850-2547</p>	<p>Evan Kenison <i>Licensed Clinical Social Worker</i></p> <p>Age Group: Adolescents, Child Language(s): Chinese, English</p>	<p>2356 N 400 E Ste 202 Tooele, UT 84074-3409</p>

## Utah County

### Orem

<p><b>Rise Behavioral and Health Services</b> Group (801) 676-8990</p>	<p>RISE Behavioral and Mental Health <i>Medical Doctor, Licensed Psychologist, Licensed Clinical Social Worker</i></p> <p>Age Group: Adolescents, Adult, Child Language(s): English</p>	<p>1358 W Business Park Dr Orem, UT 84058-2203</p>
<p><b>Utah Valley Family Support Center</b> Group (801) 229-1181</p>	<p>Utah Valley Family Support Center <i>Licensed Clinical Social Worker</i></p> <p>Age Group: Adolescents, Adult, Child Language(s): English, Spanish, Afrikaans</p>	<p>1255 N 1200 W Orem, UT 84057-2445</p>

### Pleasant Grove

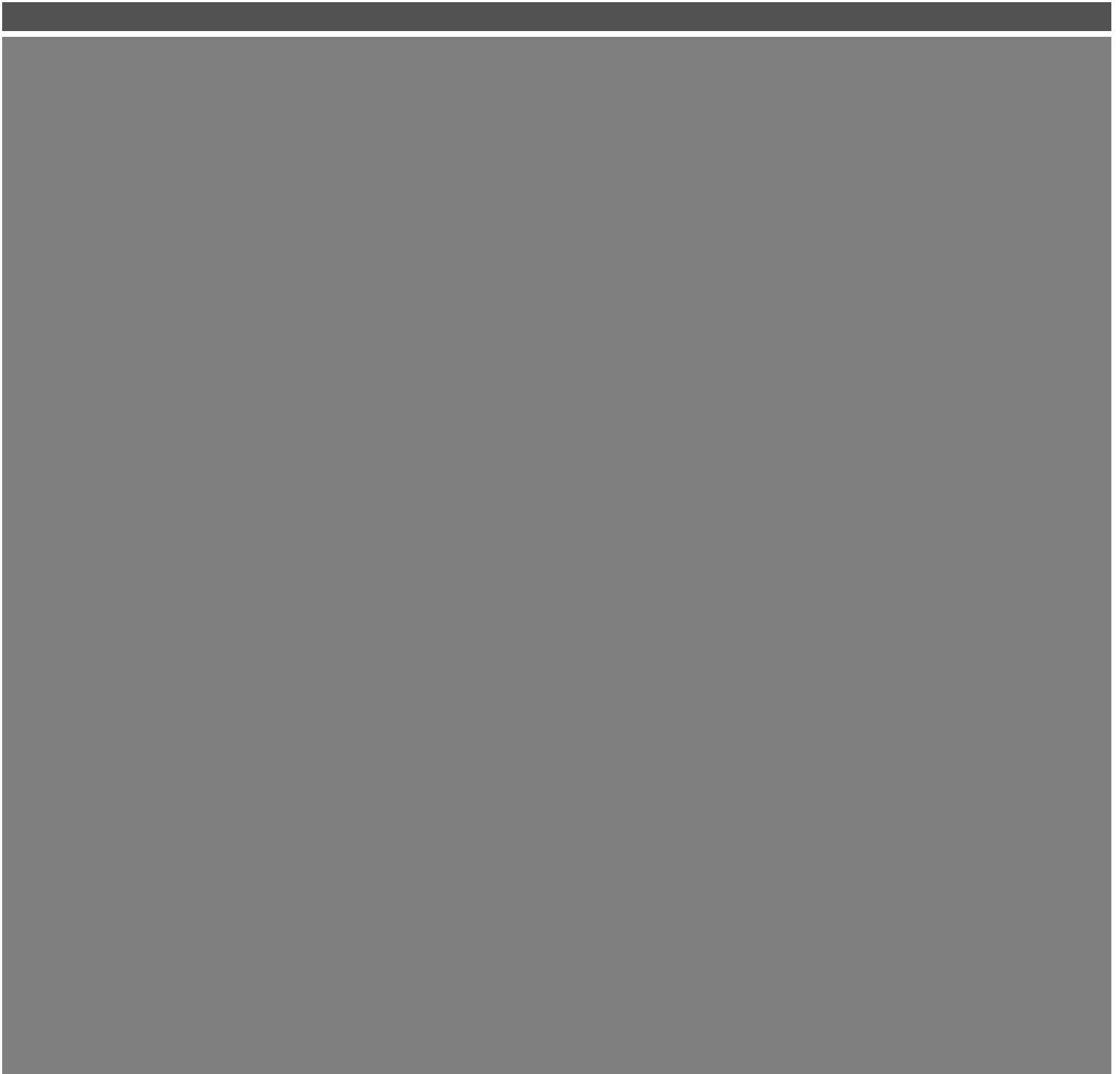
<p><b>Silva Counseling and Consulting LLC</b> Group (801) 796-8810</p>	<p>Silva Counseling and Consulting LLC <i>Licensed Professional Counselor, Licensed Clinical Social Worker</i></p> <p>Age Group: Adolescents, Adult, Child Language(s): English</p>	<p>1392 W State Rd Pleasant Grove, UT 84062-5020</p>
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### Provo

<p><b>Phil Scoville</b> Clinician (801) 709-1785</p>	<p>Phil Scoville <i>Licensed Marriage &amp; Family Therapist</i></p> <p>Age Group: Adult Language(s): English</p>	<p>3305 N University Ave Ste 250 Provo, UT 84604-7423</p>
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Weber County		
Ogden		
<b>Clinical Consultants</b> Group (801) 621-8670	Clinical Consultants <i>Medical Doctor, Licensed Clinical Social Worker</i> Age Group: Adult Language(s): English	2351 Grant Ave Ste 100 Ogden, UT 84401-1437
<b>Rise Behavioral and Health Services</b> Group (801) 399-1496	RISE Behavioral and Mental Health <i>Licensed Clinical Social Worker</i> Age Group: Adult Language(s): English	1708 E 5550 S Ste 18 Ogden, UT 84403-7035
<b>Rise Behavioral and Health Services</b> Group (801) 399-1496	RISE Behavioral and Mental Health <i>Licensed Clinical Social Worker</i> Age Group: Adolescents, Adult, Child Language(s): English	856 24th St Ogden, UT 84401-2602
<b>Shepherds Staff Christian Counseling</b> Group (801) 561-9987	Shepherds Staff Christian Counseling <i>Licensed Psychologist, Licensed Professional Counselor, Licensed Clinical Social Worker, Licensed Marriage &amp; Family Therapist</i> Age Group: Adolescents, Adult, Child Language(s): English	2909 Washington Blvd Ogden, UT 84401-3744
<b>Shepherds Staff Christian Counseling</b> Group (801) 561-9987	Shepherds Staff Christian Counseling <i>Licensed Psychologist, Licensed Professional Counselor, Licensed Clinical Social Worker, Licensed Marriage &amp; Family Therapist</i> Age Group: Adolescents, Adult, Child Language(s): English	575 23rd St Ogden, UT 84401-1539
<b>Weber Human Services</b> Clinician (801) 625-3700	Randy Bullock <i>Advanced Practice Registered Nurse</i> Age Group: Adult Language(s): English	237 26th St Ogden, UT 84401-3105
South Ogden		
<b>Josh Biesinger</b> Clinician (801) 451-7658	Josh Biesinger <i>Licensed Marriage &amp; Family Therapist</i> Age Group: Adolescents, Adult, Child Language(s): English	4699 Harrison Blvd Ste 301 South Ogden, UT 84403-4308

# Substance Abuse Treatment Providers Directory



Agency	Address	Phone
<b>Assessment and Referral Services (ARS)</b>	450 So 900 East, #300 Salt Lake City, UT 84102  Age Group: Adult Language(s): English, Spanish	801-532-1850
<b>Asian Association of Utah, dba Refugee and Immigrant Center</b>	155 South 300 West SLC, UT 84101  Age Group: Adult Language(s): English, Spanish, Chinese, Mandarin, Vietnamese	801-412-0577
<b>Clinical Consultants, Inc.</b>	7601 S Redwood Road Suite E West Jordan, Utah 84084  Age Group: Adolescents, Adult Language(s): English, Spanish	801-233-8670
<b>Catholic Community Center</b>	745 East 300 South Salt Lake City, Utah 84102  Age Group: Adult Language(s): English, Spanish	801-428-1230
<b>Family Counseling Center</b>	5250 S Commerce Dr. Suite 250 Murray, UT. 84107  Age Group: Language(s):	801-261-3500
<b>House of Hope</b>	857 East 200 South Salt Lake City, UT 84102  Age Group: Language(s):	801-487-3276
<b>First Step House</b>	411 Grant Street PO Box 16508 SLC UT 84116  Outpatient Services 2200 So State Street 2nd Floor of ASA Insurance bldg. Entrance on south side  Age Group: Adult Language(s): English	801-359-8862

<b>Odyssey House, Inc-Utah</b>	344 East 100 South Suite 301 SLC, UT 84111  Outpatient Services 350 East 2100 South  Age Group: Adolescents, Adult Language(s): English, Spanish	801-428-3417
<b>Project Reality</b>	150 East 700 South SLC, Utah 84111  Age Group: Adult Language(s): English	801-364-8080
<b>Sandy Counseling Center</b>	8184 South Highland Dr Suite C-8 Sandy, UT 84093  Age Group: Language(s):	801-944-1666
<b>The Haven</b>	974 E South Temple SLC, UT 84102  Age Group: Language(s): English	801-533-0070
<b>Valley Mental Health</b>	5965 South 900 East Suite 240 SLC, Utah 84121  Age Group: Adolescent, Adult Language(s): English, Spanish	888-949-4864 801-263-7225
<b>Volunteers of America, Utah</b>	VOA- 443 West Bearcat Dr CCC- 447 West Bearcat Dr  Adult Detoxification Center 252 W. Brooklyn Ave  Age Group: Adolescents, Adult Language(s): English, Spanish	801-355-2846 801-363-9400
<b>Youth Services</b>	177 West Price Ave SLC, Utah 84115-4345  Age Group: Adolescent Language(s): English, Spanish	385-468-4500 385-468-4610
<b>Youth Support Systems</b>	3392 West 3500 South West Valley City, Utah 84119  Age Group: Adolescent Language(s): English	801-969-3307



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