



2022 ANNUAL REPORT



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A LETTER FROM THE CEO

Dear Supporters and Community Partners,

As we look back on 2022, we see a year full of successes and challenges.

One of those successes was the creation of a new five-year Strategic Plan. This plan will help chart the agency's course well into the future. Included in our Annual Report are the core priorities and key tactics for this new Strategic Plan ([see page 3](#)).

Other successes included securing new funding and opening new programs.

In 2022, Valley Behavioral Health secured a \$4 million dollar grant from the federal Substance Abuse and Mental Health Services Administration (SAMHSA) to help Valley Behavioral Health plan and prepare to become a Certified Community Behavioral Health Center (CCBHC). The CCBHC designation is a new and innovative way that states and the federal government are supporting community behavioral health in communities across the nation.

Valley Behavioral Health took steps in 2022 to meet community needs by opening new programs. One of those programs is a unique sub-acute residential program called ValleySteps.

ValleySteps provides short-term mental health residential care to those that are stepping down from a more intensive inpatient program or diverts an individual from entering other programs that are more costly or ineffective.

"2022 was a year where Valley Behavioral Health continued to fulfill our important mission."

The agency also started to consolidate all our children and youth programs at one new location in West Valley City. Most of the build out was finished and we have moved several of these programs over to the new space. We look forward to completing the new children and youth campus in 2023.

2022 was a year where Valley Behavioral Health continued to fulfill our important mission. We look forward to 2023 where we will take steps to meet some of our new strategic goals and by doing so continue to serve those most vulnerable in our communities.

Jared Sanford

JARED SANFORD
CEO AND PRESIDENT

A WORD FROM THE BOARD CHAIR

I am pleased and honored to share with you the Annual Report of Valley Behavioral Health. For over 35 years this organization has been on the front lines helping adults, youth, and families address their behavioral health conditions. Valley Behavioral Health provides services to our communities by offering an expansive range of programs, treatment, and support options for those in need. These evidence-based services are known as best practices in the behavioral health field.

"I am proud to be a part of this great organization; no doubt making a huge difference in our communities."

The report that follows will showcase some of the great work accomplished by our staff in collaboration with our many community partners. The knowledge, skills, professionalism, and compassion of the Valley Behavioral Health staff constantly amaze me. I am proud to be a part of this great organization; no doubt making a huge difference in our communities. While we are proud of our team and past accomplishments, the future presents no shortage of challenges. Quality behavioral health services are needed now more than ever. I am confident that our strong executive leadership, committed Board members, and dedicated staff will navigate this future in an effective and successful manner.



JOHN HANSHAW
CHAIRMAN



THANK YOU TO THE BOARD

Words cannot adequately express the immense gratitude we have for our board members who work with us to make a profound difference in the lives of those that we serve. Thank you.

JOHN HANSHAW
BOARD CHAIR

STACY WEIGHT

STAN BEAGLEY

RUSS ELBEL

CHERYL SMITH

KENNETH WOOLLEY

LYNETTE HANSEN

CAMERON MCBRIDE

MITCH TIBBITTS

REP. JIM DUNNIGAN

5-YEAR STRATEGIC PRIORITIES



QUALITY OF CARE

Key Tactics:

- Prioritize Health Equity
- Establish and Track Outcomes
- Provide Comprehensive Training
- Adhere to National Standards
- Utilize Innovative Technology



FINANCIAL STRENGTH AND SUSTAINABILITY:

Key Tactics:

- Build an Adequate Cash Reserve
- Organization's Revenue Exceeds All Expenses
- Grow and Diversify Revenue Purposefully
- 80% of Programs Meet Annual Financial Performance Projections
- Maximize Philanthropic Efforts for the Organization



COMMUNITY COLLABORATION AND COORDINATION:

Key Tactics:

- Be Active and Visible in the Community
- Ensure Timely Access to Care
- Identify and Provide Services that Meet Community Needs



POSITIVE CULTURE:

Key Tactics:

- Create a Culture of Belonging
- Hire and Retain Talented People
- Strengthen and Amplify Communication



OUR MISSION

Valley is a responsive community partner empowering individuals and families to lead more fulfilling lives by providing appropriate, innovative, outcome-based programs, tools, services, and resources across the continuum of health and social needs.

OUR VISION

We are inspired by helping those we serve live more fulfilling lives, one person at a time.

OUR VALUES

- Empathy & Compassion
- Excellence
- Integrity
- Team Focus
- Resiliency
- Fun!

HOUSING AND SUPPORT SERVICES

Valley's Homelessness and Housing Division provides a range of programs and services that address diverse adult needs, including housing, independent living, and social interaction.

In 2022 our Homelessness and Housing Service programs experienced an improvement in quality of care by:

- The creation of ValleySteps, a 16-bed short-term residential treatment program that opened to serve the most vulnerable individuals in the community
- ICAST, as a sub-recipient of Salt Lake City's Community Development Block Grant (CDBG) Program, received funding for rehabilitating the Safe Haven building, which will enhance services provided in that unit
- Successful collaboration with The Other Side Village to design programming and offer on-site case management and therapy for Village residents
- Valley co-sponsored a homeless resource fair in partnership with the Salt Lake City Mayor's office to engage the unsheltered population

In 2023 we look forward to:

Continued discussions to develop more affordable housing units while cultivating stronger partnerships and relationships with the State Homeless Services Coordinator, Utah Housing Corporation, Switchpoint, Optum, and Salt Lake County.

2022 Information:


132,975
SERVICES PROVIDED


2,016
CLIENTS SERVED



TOOELE COUNTY SERVICES

Valley is a proud community partner and resource in Tooele County. We are here to help by providing support and treatment with a variety of mental health services.

Our commitment to evidence-based treatment ensures that all of our clients receive the most effective care available.

Valley Behavioral Health in Tooele County saw a 15% increase in the number of services provided from 39,563 to 45,884 in 2022.

To accommodate this growth, we expanded our services and established new programs. We added the Mobile Crisis Outreach Team (MCOT) and Assertive Outreach Team (AOT) in 2022 to respond to individuals in crisis and clients with high acuity needs throughout the county. These expansions enable us to provide services to an increasing number of clients while maintaining a high level of care.

Valley Behavioral Health in Tooele County collaborates with various organizations to meet the needs of the community. We are grateful for these continued partnerships and the impacts it has on those who most need them.

2022 Information:


46,400
SERVICES PROVIDED


1,654
CLIENTS SERVED

“

Valley Behavioral Health has been an amazing part of my life. Without them, I would be entirely lost. The service at Valley has been exceptional. Through every challenge, they are there for me and my family. I love this place!

-ABI, FORMER CLIENT





ADULT SERVICES

Valley's Adult Services Division is dedicated to supporting individuals in their journey toward recovery and successful integration back into the community. We offer a diverse array of services to address substance use treatment and mental health needs.

2022 Highlights:

- In 2021 we began planning and preparing for an ACT Team and in 2022 we have had a fully functional ACT Team
- Rate increases were approved for our residential programs
- We've added The Level of Service/Case Management Inventory (LSCMI) as a screening tool for our court-involved clients
- Continued to improve our telephonic access for clients by having increased access and rooms for clients to come to Valley to participate in video conferencing
- Weekly Drug Test Gradebook reviews are on-going to help support clients in their recovery
- Strengthened our on-boarding and training for new staff
- Strengthened our ability to teach, train and coach current employees
- We developed and are maintaining a priority placement system that brings high acuity clients with more immediate needs to the top of our list
- CCBHC SAMHSA Grant was initiated

Looking ahead in 2023:

- Our operational plan is to continue to grow our recovery management services by expanding the program with additional housing and daycare services
- Improve our overall quality of client care by auditing weekly notes while coordinating with regulatory oversight to ensure we comply with DHS and Optum requirements
- A therapeutic daycare will be put into place and staffed with its own case manager. While parents are in treatment, the children will be in daycare creating a more structured environment for the parents and children

2022 Information:


304,313
 SERVICES PROVIDED


6,209
 CLIENTS SERVED



I have a lot of support here, and it clicked to me that being sober has way more benefits. I graduated from drug court, I have a job now, I've been able to re-connect with my family, and I even have my own housing. I now have lots of sober friends that are supporting me in my recovery.

-MATT, FORMER CLIENT





CHILDREN, YOUTH, AND FAMILY SERVICES

Children, Youth, and Family services are behaviorally-based programs designed to assist children, youth, and families in stabilizing their homes and communities by providing appropriate treatment interventions, teaching necessary skills, and assisting parents/guardians in employing behavior management skills at home.

Highlights from our Children, Youth, and Family programs in 2022:

- Services have been relocated to a more central facility, ensuring easy access and a positive customer experience
- The organization has embraced the Nurtured Heart Approach, which helps youth develop self-regulation skills and has proven effective in treating children of all ages
- Data tracking, reporting, and Behavior Improvement Plans (BIPs) have been essential in measuring treatment success

Valley's focus on a high standard of care impacts families, parents, and guardians, empowering them as team members on the client's road to wellness.

2022 Information:



“

"These services have helped change my life. It's really great to have people out there that truly help...more than you know."

- DAPHANIE , FORMER CLIENT





INTELLECTUAL AND DEVELOPMENTAL DISABILITIES SERVICES



VALLEY BEHAVIORAL HEALTH

Adult Autism Center of Lifetime Learning

INTELLECTUAL AND DEVELOPMENTAL DISABILITIES

An Intellectual and Developmental Disabilities Center for Adults designed to increase independence for each client based on their abilities and interests and work towards improving quality of life.

In 2022 our objective was to provide our clients with high-quality care to best support them in building independence toward their goals.

- Our staff provides high-quality Applied Behavior Analysis (ABA) therapy to assist our clients with complex support needs to achieve their goals.
- We provide our clients with the high level of support they need to increase their independence in accessing and integrating into the community. This includes finding competitive paid employment in the community.
- Our clients have been hired at Scheels and Bunny James. We have also partnered with U-Fit and Wasatch Adaptive for additional exciting opportunities for our clients to participate in.

We are so thankful for these partnerships and support and will continue to build relationships in the community to support our clients with smooth integration into our communities.

2022 Information:


2,751

SERVICES PROVIDED


31

CLIENTS SERVED

Carmen B. Pingree 
Autism Center of Learning™
A SPECIALTY SERVICE OF VALLEY

The Carmen B. Pingree Autism Center of Learning provides comprehensive treatment, education, and related services for children with autism and their families.

At the Pingree Center, our focus on quality care is vital to the success of our clients. In 2022 we accomplished this by:

- Using Applied Behavior Analysis (ABA), the leading therapy for children with autism.
- We use a blended model of ABA therapy and a focus on mental health to address Autism Spectrum Disorder.
- The one-on-one therapy that our Board Certified Behavior Analyst (BCBAs) and Registered Behavior Technician (RBTs) provide has created a genuine relationship between each therapist and child. Through quarterly observations of our staff, we can ensure that Evidence-Based Practice's are being integrated consistently.

As we look to 2023 and our partnership with the University of Utah, Primary Children's Hospital, and DDI-Vantage, the Pingree Center strives to continue to create strong relationships with community partners so we can better help the community we serve. Their support and collaboration have been invaluable to us, and we are grateful for the many ways these partnerships have contributed to our clients' success. The investments in our organization have helped us provide vital services to the autism community. We are proud to be a part of a community where organizations are committed to working together to create a better future for those with autism, and we look forward to continuing our partnerships in the years to come.

2022 Information:



18,344

SERVICES PROVIDED



112

CLIENTS SERVED





DIVERSITY, EQUITY, INCLUSION, AND BELONGING (DEIB)

Collaborate, Communicate, Innovate, Educate

Valley cultivates a diverse, equitable & inclusive environment where everyone belongs. We believe that welcoming differences strengthens us. At Valley, we instill diversity, equity, inclusion, and belonging (DEIB) into our strategic priorities and core values through collaboration, communication, innovation, and education.

Valley commits to improving DEIB in our community and workplace by:



Increasing Black, Indigenous, People of Color (BIPOC) representation in the workforce with an emphasis on leadership positions.



Improving mobility and access to services by expanding programming to support community needs.



Developing partnerships with community partners that support marginalized populations to address the social determinants of health.



Enhancing employees' understanding of DEIB and sensitivity to different cultures.



Collecting client and staff demographic data to drive DEIB Initiatives.



Increasing Valley's ability to communicate in the individual's primary language.

Valley promotes diversity, equity, inclusion, and belonging by seeking ways to celebrate and honor our differences and the power that comes from them. Valley consistently reviews these initiatives to ensure that we weave DEIB into the fabric of our communities.

CERTIFIED COMMUNITY BEHAVIORAL HEALTH CLINIC (CCBHC)

The Certified Community Behavioral Health Clinic (CCBHC) model is becoming the “gold standard” of care, transforming access to high-quality behavioral health treatment across the country. CCBHCs meet high standards for the breadth of services and quality of care provided. A central theme of the CCBHC model is care coordination – ensuring that the client's needs are addressed across the spectrum of care. Criteria for certification also include advancing Health Equity through evaluating social determinants of health (SDOH) to advance health outcomes for members of marginalized communities.

Valley is the recipient of a CCBHC grant from SAMHSA that funds planning, development, and infrastructure to meet certification criteria. Valley's wide range of services, well-trained staff and providers, and commitment to quality care puts the organization in an advantageous position to achieve CCBHC status.

State-certified CCBHCs qualify for enhanced Medicaid payment designed to support the costs associated with expanding access to care. Both state-certified and grantees see benefits to clients, staff, and the organization. Some measurable benefits of adopting this model of care include:

- CCBHCs and grantees are, on average, serving more than 900 more people per clinic than prior to CCBHC implementation, representing a 23% increase.
- An estimated 11,240 new staff positions were added across all 450 active CCBHCs and grantees active as of August 2022.
- CCBHCs and grantees have been able to leverage their Medicaid payment structure and/or grant funding to successfully recruit and retain highly qualified staff.
- CCBHCs engage in numerous activities to coordinate and integrate care, from electronic information sharing with care coordination partners (94% currently do this or plan to) to co-locating physical health services on site (88% currently do this or plan to) and more. ¹

STATEMENT OF FINANCIAL POSITION

ASSETS

Cash	\$10,179,295
Accounts Receivable	\$4,166,668
Prepays & Other Assets	\$3,147,794
Fixed Assets	\$43,758,911
Total Assets	\$61,252,668

LIABILITIES

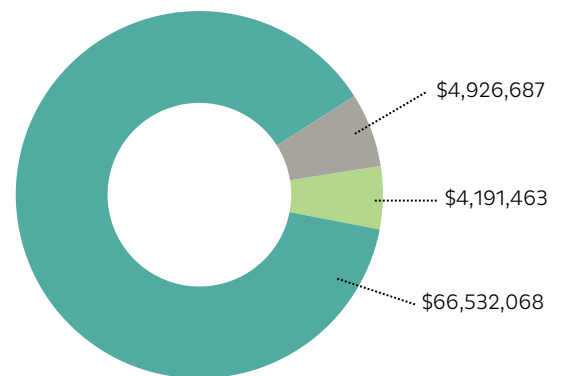
Accounts Payable	\$1,799,001
Accrued Payroll & Benefits	\$3,481,661
Other Liabilities	\$1,833,788
Total Liabilities	\$7,114,450

TOTAL

Liabilities	\$7,114,450
Equity	\$54,138,218
Total Liabilities and Net Assets	\$61,252,668

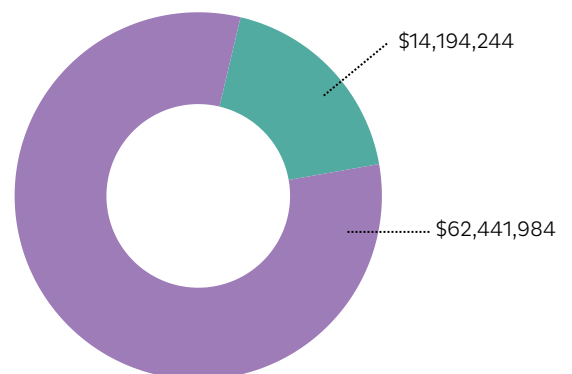
FUNDING SOURCES

- Patient Fees
- Governmental Programs Revenues
- Contributions and other income



ANNUAL EXPENSES

- Programs and Services
- Administration



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Valley has forever changed my life. Coming to ValleyEPIC was the best decision I've ever made. The staff is amazing. They genuinely care about you and want you to succeed. They will always have a special place in my heart for the care they have shown.

—SHERI, FORMER CLIENT

THANK YOU VALLEY SUPPORTERS AND COMMUNITY PARTNERS

We are so thankful for the generosity our community partners provide and for helping us make a difference in the lives of others. We simply cannot provide the support we do without your contributions. Thank you for working with us toward our mission to help others live more fulfilled lives.



We sincerely apologize if we missed you on this page.
Please let us know and we will be sure to update this information.

THANK YOU TO OUR DONORS

These critical funds have helped our clients gain important personal documentation like IDs and government paperwork. They have helped clients secure temporary or permanent housing, provided necessary therapy supplies for children and youth, started programs like Care Navigation, ACT, and funded important client necessities like hygiene kits and clothing. We are so grateful to each individual and company that has donated, it has truly made a difference in the lives of those we serve and our community.

Adam McLachlan
Albert Pino
Alex and Cathy
Kim Alyce Stemmons
Amy Kershaw
Amy Luschen
Andrew Beal
April McMurtrey
Becky Alder
Bee Burgess
Bill Phillips
Brandon Andersen
Brittany Call
Brooklyn Kotter
Cammie Cable
Carla Smith
Carol Askew
Carol Knight
Charles Blair
Christina Webb
Cindy Giauque
Cody Liu
Colleen Freeman
Corrie Bagley
Craig Hamilton
Craig Widmier
Crystal Paredes
Cynthia Noyes
Darrin Guevara
David Bettinson
David Frost
David Mackay
Deborah Bilder
Dev Letendre

Diann Butler
Don Ballard
Don Rees
Douglas Foster
Dr. Susan K. Chilton
Elizabeth Corell
Elizabeth Makanani
Forrest Gaskill
Frank Nuding
Gary Fryer
Gayle Tsipis
Ivar Manning
J Hamblen
Jaislyn Anderson
Jamie Young
Jared Sano
Jasmine Rodriguez
Javier Abarca
Jaxson Taylor
Jeff Wybrant
Jeremy Sutherland
Jessica Garcia
Jill Hansen
Joana Rodriguez
Jodi Anderson
Jodie Phillips
Joelle Nelson
John Hanshaw
John Karren
John Sorensen
Jonelle Seitz
Julie DeLong
Julie Hanks
Justin Griffiths

Kaden Bowman
Kailee Griner
Kara Lyon
Karen Hales
Kelly Deleon Patterson
Kenneth Hales
Kent Lewin
Kierstin Wayment
Larry Romero
Lillian Branch
Liz Campbell
Lori Eckles
Mandy Madsen
Marc Beesley
Mark Fagergren
Mark Ibrahim
Mark Law
Marnie Montgomery
Martin Christiansen
Mary Goit
Mary Tiede
Matt France
Matthew Halvorson
Megan Waller
Michelle Mark
Morgan Knight
Nancy Kennedy
Nancy M
Nancy V. Short
Natalie Monsen
Patricia Gardner
Patricia Westlake
Paul Baxter
Pen Hall

Rex Owens
Robert Boyce
Robin Patfield
Ronny Bass
Sally Condie
Sarah Smith
Sharolynn S Aston
Shaun Dixon
Shaun Long
Sheila Young
Skyler Parkin
Spencer Kagie
Stan Beagley
Stephanie Smith
Steve Herron
Sunny Holmes
Susan Bowman
Susannah Jackman
Suzanne Coleman-Pino
Suzanne Martin
Sylvie Andrews
Tammy Tibbitts
Teresa Richins
Terry Harvey
Thomas Simmons
Todd Brown
Todd Mosher
Tomas Stewart
Trang Tran-Le
Trent Bangert
Victor Romero
Vincent Nguyen
Walter Schanuel
William Clifford

If you or someone you know would like to donate visit

ValleyCares.com/donate

SPECIAL THANKS TO THE VALLEY TEAM!

Since we began our Employee Giving Fund in 2016, more than \$100,000 has been donated.

Thank you to all of the Valley employees that donated! These funds are used for client housing applications, Recovery Management graduation, client gifts, Pingree Center gym supplies, student school supplies, hearing aids for clients, and so much more!

Aaron Higley
Abby Hall
Aileen Vargas
Ajalea C. Thompson
Alan Chidester
Alex Longshaw
Alexandra Page
Alexandria Samann
Alison Whitmore
Alyssa Levy
Amanda C. Funaki
Amber L. Guerra
Amedee J. St.Pierre
Andrea F. Jackson
Angela R. Thompson
Anna Schmitz
Annie A. Wagner
Anthony M. Watkins
Ashley Andrews
Ashlyn Gillen
B Todd Thatcher
Bailey Denna
Bailey Lewis
Bailey M. Johnson
Benta A. Opiyo
Bret B. Montgomery
Cami Peer
Carmela O. Panadero
Caron L. Gould
Carrie A. Park
Cassie R. Augustyn
Cayla Makowski
Celena A. Whitehead
Celeste F. Kitiona
Chabela Coronado
Chad G. Knight
Chelise M. Leaututu
Cheryl A. Brown
Cheryl L. Christy
Chris Lange
Christian Judd
Christina M. Rogers
Christine A. Hopkins
Claudia G. Alvarado
Cosette Reeves
Crystal Paredes
Cyndie M. Moore

Damani D. Tryon
Danielle K. Watson
Darcie J. Bakhouché
David G. Smith
D'Covany Dehlinger
Debbie Heninger
Decker Brohl
Denese Saville
Derrik Wise
Elizabeth J. Albertsen
Ellie M. Keaton
Emilee N. Blanco
Emily Youngblood
Elizabeth Makanani
Erin Mapes
Hal Beckstrand
Hayley Cabacar V.
Heather Davis
Heidi Fowers
Heidi Johnson
Heidi Warr
Hollie A. Soltes
Isbel Tirado-Cooke
Itza Garcia
Jade G. Sepulveda
Jake A. Green
Janice Gordon-White
Jared C. Sanford
Jen Poulos
Jenise Tingey
Jenny T. Hallisey
Jennilyn Kulikowski
Jeremy Ratliff
Joann M. Ratto
Joe L. Nawalaniec
Jonathan Voigt
Josh Adams
Julie A. Scott
Julie H. Winn
Julie L. Rael
Justin E. Morris
Kalo Liavaa
Karen Kallas
Katelyn Tanner
Kathy J. McCall
Kati M. Ditty
Katie L. Wagner

Keiana Carr
Ken G. Lowe
Kenzie H. Passey
Kevin Howlett
Kim E. Thompson
Kimmy Huntsman
Kristen C. Thompson
Lan Au-Duong
Laurie Heimbigner
Laycee Thomas
Lee Willis
Leeah B. Rasmussen
Leigh Kade
Leslie A. Flitton
Lexi Tyler
Lin M. Stark
Lindsey Van Roo
Lisa P. Stevens
Lisa Schmollinger
Louis Schwartz
Luke Gangi-Wellman
Lupe Autagavaia
Madeline DeLucenay
Mandy Davison
Marci R. Phillips
Mariah Norton
Marissa Lindsey
Mary Beth E. Bohan
Matt Jones
Mechelle Mounts
Meghan C. Andersen
Melissa Cook
Melissa Y. Edgeworth
Melissa Perkes
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Michelle H. Moyes
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Misty Fonnesbeck
Morgan Ben
Nathan Lau
Nathan Long
Neke Antonio
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Nicole L. West
Nicole Y. Melling
Noriko N. Christie

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Preston L. Cochrane
Rachel Blackhurst
Rachel Kade
Raelynn Longhat
Rebecca A. Brown
Riley D. Jacobson
Rob Cooke
Robert Dickerson
Robert Stark
Rosa Lucero
Sam Johnson
Samantha S. Roth
Sanghee Kweon
Santos Lepiz Edwin
Sarah W. Birch
Savanna Monroy
Savannah Talbot
Shaelynn N. Manual
Shannon Sousa
Shantelle M. Sanders
Shauna H. Lindbeck
Sheena L. Aguilar
Sheeva S Aboutaleb
Shelby N. Woolf
Spencer P. Seaquist
Stephanie L. Johnson
Stephen D. Palmer
Steve Havertz
Tamera L. Derushia
Tammy T. Hansen
Tara B. Ayrton
Taryn McClure
Taylor Psalto
Taylor Steed
Thad Tran
Thomas Clark
Tiara N. Jones
Trace Lund
Trevor Cluff
Troy L. Dial
Tyler J. Tait
Tynesha Roberts
Veronica S. Lukasinski
Winter Ralphs
Zoe A. Colquist



Inspired by **helping others.**

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